

Boom & Crash Strategy Guide (2025 Edition)

Why I Made This PDF

This guide is for real traders. I've been trading Boom & Crash indices for years - lost money, made money, blown accounts, recovered.

What worked wasn't indicators or copying others. It was understanding structure, timing entries, and protecting capital. This PDF is short - just 5 pages - because I know attention spans are short and live markets don't wait.

If you're serious about Boom/Crash trading, use this as your personal cheat sheet.

[Dont Have A Deriv Account Yet? Click here to Open One.](#)

Chart Setup Basics

Recommended Timeframes:

- M5: My go-to for entries
- M15: Great for structure clarity
- H1: Optional trend bias

Chart View:

- Use candlestick charts (no Heikin Ashi)
- Zoom out 2-3 notches from default to see structure
- Clean charts only
- Optional Add-Ons:
 - EMA 50 for trend context
 - RSI 14 to avoid overbought fakeouts

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Market Structure Cheat Sheet



Market Structure Cheat Sheet

Structure Element

What to Watch For

Break of Structure (BoS)

Price breaks last high/low

Retest

Pullback to the break zone

Entry Zone

Wick rejection or engulfing candle

TP Target

Next clean swing level or imbalance area

📌 *Example (Crash 1000):*

- Downtrend → Breaks swing high → Pulls back → Wick rejection → Buy → TP at next swing

Structure doesn't predict spikes, but it helps you trade *with* them — not against.

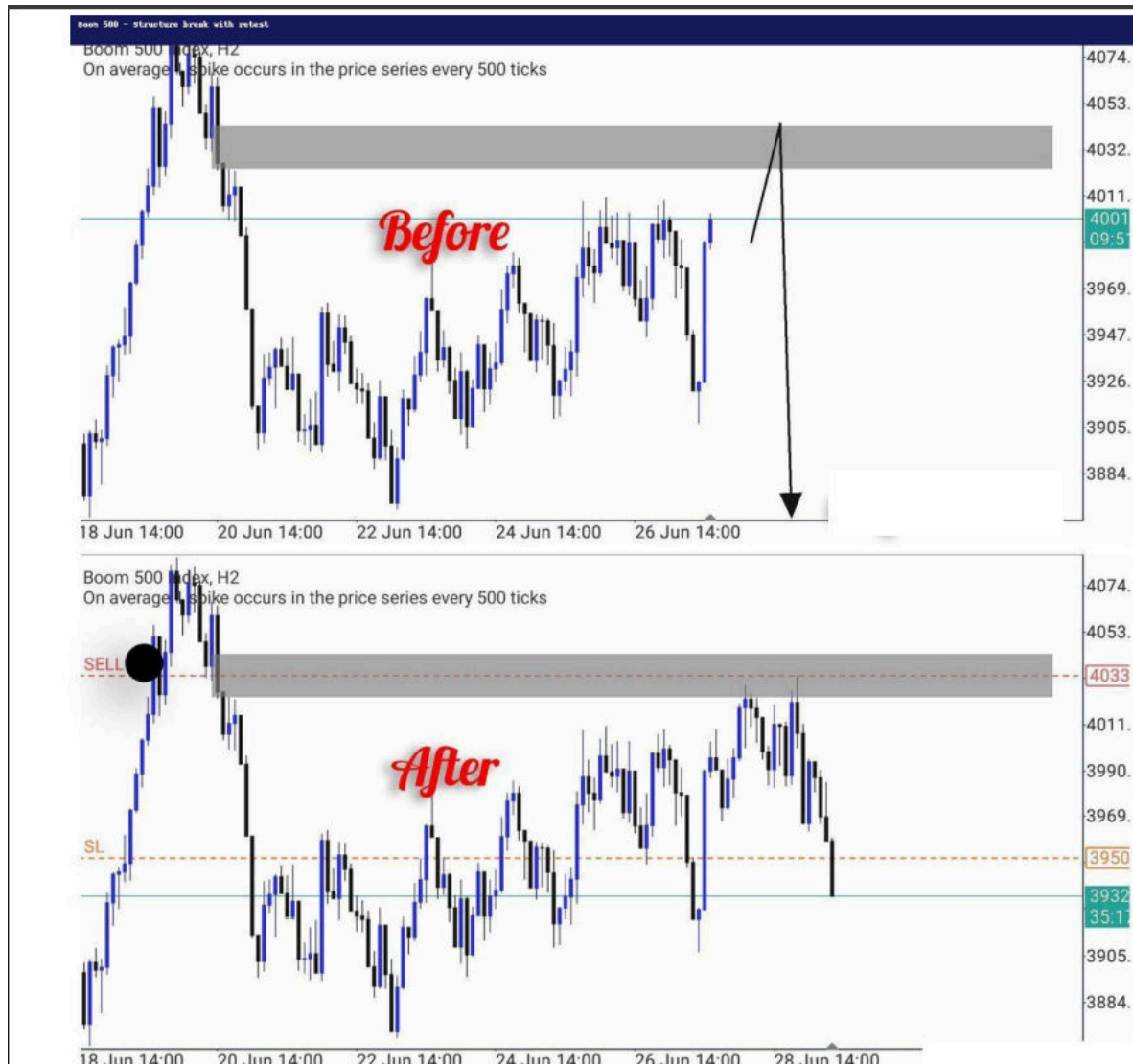
Structure helps you trade with the spike flow. Here's how it plays out in real Boom/Crash setups:



📌 Example: Boom 1000 (H2 Supply Zone Reaction)

- **Structure:** Bearish trend with clear lower highs
- **Setup:** Price retraces into a key H2 supply zone
- **Entry:** Sell after price taps zone and shows rejection wick
- **SL:** Above the zone high
- **TP:** 2.5× risk at previous demand level
- **Note:** The "Before" marked out the plan, the "After" shows precise execution and clean follow-through

Another example



Example: Boom 500 (H2 Structure Break + Retest)

- **Structure:** Previous support breaks → new resistance zone forms
- **Setup:** Price pulls back cleanly into the H2 supply zone
- **Entry:** Sell on rejection inside the zone
- **SL:** Above the upper zone boundary
- **TP:** 2× risk or target next price imbalance below
- **Note:** Trade followed a textbook break–retest pattern with spike rejection confirmation

My Scalping Setup (Real-Use Template)

These scalping setups use clean retests and wick confirmations after spikes:

Example: Boom 500 (Bearish Pullback with Entry Wick) see image below

- **Structure:** Downtrend resumes after lower high formation
- **Setup:** Price spikes into resistance zone with clear upper wick
- **Entry:** Sell as price rejects from the zone with wick confirmation
- **SL:** Above the wick or upper zone boundary
- **TP:** 1.5× to 2× risk at structure low
- **Note:** A clean reaction setup where the wick acted as a warning before the drop — great for scalping or short intraday swings



Another one is shown below

📌 Example: Boom 500 (Spike–Retest Setup)

- **Structure:** Price spikes, then pulls back into previous demand zone
- **Setup:** Bullish retest of structure zone with clean reaction
- **Entry:** Buy after confirmation candle at zone edge
- **SL:** Below the zone or prior wick
- **TP:** 2× risk into next resistance area

- **Note:** This follows the VIT 1 playbook — spike, retrace, re-entry on reaction — ideal for fast scalps or controlled intraday holds



Two Other Setups You Can Try

📌 Example: Boom 600 (Spike Entry + AO & Trend Confirmation)

- **Structure:** Price in bullish range; demand zone forms
- **Setup:** Price taps demand zone while **AO flips green** and **bullish trend structure holds**
- **Entry:** Buy after bullish engulfing or AO confirmation near zone

- **SL:** Below zone or recent swing low
- **TP:** 2× to 3× risk or previous high
- **Note:** This setup combines spike behavior with **AO trend alignment**, improving the odds of strong continuation



📌 *Backtest first. These are not guaranteed wins — but are better than random entries.*

📌 Example: Boom 300 (Spike Zone Rejection with Trend Alignment)

- **Structure:** Bearish trend with lower highs and clean pullbacks
- **Setup:** Price rallies into fresh supply zone after a steep down move
- **Entry:** Sell after rejection wick and bearish candle near top of the zone
- **SL:** Above the zone or recent swing high
- **TP:** 2× risk or demand zone below
- **Note:** The spike occurred exactly at the edge of the zone, respecting the broader bearish trend — a textbook sniper-style fade entry



Risk Rules + Bonus Tracker

What Saved Me:

- Never enter more than 2 losing trades in a row without reviewing
- Use fixed SL (4000-5000 pts)


Lot Sizes Based on Capital (Suggested)

| Account Balance | Suggested Lot | TP (Profit on 100 points) |
|-----------------|---------------|---------------------------|
| \$30–\$99 | 0.001–0.003 | \$0.10–\$0.30 |
| \$100–\$299 | 0.005–0.01 | \$0.50–\$1.00 |
| \$300–\$500+ | 0.02–0.05 | \$2.00–\$5.00 |

Optimal Trading Hours (Golden Hours)

This changed everything for me.

Boom & Crash might be available 24/7, but not every hour is worth trading. The markets behave **way better** during low-participation hours — less spike manipulation, more structure-following setups.

 **Best window:**
05:00am–08:00am GMT
(That's 07:00–10:00am CAT)

During this window, the market tends to move cleaner, with less spike chaos.
Don't just trade more — trade *when it makes sense*.

Why Journaling Your Trades Matters

Most traders lose not because their strategy is bad — but because they don't track what's working and what's not.

Keeping a simple trade journal helps you:

- **Spot patterns** in your wins and losses (e.g., time of day, index, setup type)
- **Avoid emotional mistakes** like revenge trading or over-leveraging
- **Build real confidence** based on your actual data, not guesswork

I used to trade blindly — jumping between setups, overreacting after losses. But once I started journaling, I saw exactly which setups had the best results and which ones were killing my account.

Even if you just write *5–6 words per trade*, the insights add up fast.

Use the template below. Track honestly. Improve faster.

| Date | Index | Setup | Entry | SL | TP | Result | Lesson |
|------------|-----------|--------------|-----------|------|------|--------|-----------------|
| 2025-06-28 | Crash 500 | BoS + Retest | 123456.78 | 3000 | 5000 | Win | Entry was clean |



Next Steps: Practice First, Then Go Live

Before you risk real money on these strategies, you need to prove they work *for you*. That means testing them on **demo first** — with structure, journaling, and consistent execution.

Why?

Because the only way to build confidence and avoid emotional trades is by seeing how your setups play out over dozens (or even hundreds) of test runs. You'll start to notice patterns:

- Which setups have the highest win rate
- When you tend to lose (e.g. trading too soon after a spike)
- How your emotions affect entries and exits

Once you've journaled a solid batch of demo trades and refined your process, *then* consider going live.




Don't have a demo account yet?

[Open one here with our step-by-step guide](#)

Master the process *risk-free* before trading with real funds.
That's how you last in this game.

Related Guides for Synthetic Traders

 Use these to build your full trading toolkit.

[Best Free Deriv Binary Bots](#)

Discover safe, tested bots you can run without coding — all beginner-friendly.

[Best Synthetic Indices for Beginners](#)

Not all indices are equal — see which ones are best for your first live trades.

[Most Volatile Synthetic Indices to Trade](#)

Want big moves and faster setups? These are the indices to watch.

[Lot Sizes Explained \(Synthetic Indices\)](#)

Make sense of 0.001, 0.01, and lot-to-dollar conversions before going live.

[Best Time to Trade Synthetic Indices](#)

Timing matters — find out which hours give clean spikes and fewer fakeouts.

[MT5 vs Deriv X \(TradingView\)](#)

Compare Deriv's platforms and decide which one suits your strategy flow.
